



Rosen-Method
Österreich

JUNE
10 – 16, 2019

ROSEN RESIDENTIAL
NEAR VIENNA, AUSTRIA

THE ART OF TRACKING AND ATTUNEMENT IN ROSEN METHOD BODYWORK

A RESIDENTIAL WITH BILL SAMSEL AND INGRID-MARIA NORDGREN



Join a Master Class with Senior Rosen Method Bodywork Teachers Bill Samsel, USA and Ingrid-Maria Nordgren, UK on developing skills how to track both the client's and the practitioner's own process throughout a session.

Tracking the present moment in a Rosen Method Bodywork session takes a relaxed and open receptive attitude both in the way we touch and in the way our minds operate whilst we touch. Are we tuned in or tuned out as our hands make contact? What do we tune into and what do we not pay attention to? Learning how to discern what tracks to follow and which ones to pay less attention to belongs to the art of becoming a Rosen Practitioner, and Bill and Ingrid-Maria would love to share their expertise on this subject with you.

Learning how to sensitively 'hold' a client's experience takes a certain level of attunement between practitioner and client but what are the components of this attunement?

The class will look in detail at what we track as Rosen Method bodyworkers and how we track and why and when we might want to change track.

- Tracking client's verbal recollection of their experience.
- Develop own vocabulary related to tracking the client's experience.
- Identifying tracking skills at different sections of a session (beginning, middle, end).
- How to track on multiple levels of experience simultaneously (physical, emotional, spiritual?).

Please join us at our 6-day residential retreat at Hotel Payerbacherhof outside of Vienna in lush hillside and mountain scenery. Our training is easily accessed by trains from downtown Vienna. Our hotel (www.payerbacherhof.at) offers first class accommodation and meals at reduced rates (EUR 70 full board), a spa with sauna and other amenities, relaxing gardens and more.

Our intensive is open to all Rosen Method Bodywork students worldwide including those who have recently completed an introductory workshop. The course may be taken by Rosen Bodywork Practitioners and Movement Teachers for Rosen Institute Continuing Education credit (CEU) as well.

Our intensives are taught in English with translation into German by Zelma Millard, a certified Rosen practitioner.

THE TEACHING TEAM



BILL SAMSEL, USA

Senior Teacher, Director of Teaching, Rosen Method Institute Canada

Bill Samsel was one of Marion Rosen's students from the first training class of 1980–1982. He continued to study with Marion and was a friend and a colleague until her passing in 2012. He was President of the Rosen Institute from 1998–2003. Bill is globally recognized for his teaching, his knowledge and depth of Rosen Method, and is invited to teach in many schools around the world. He brings warmth, humor and compassion to his work. He has a private practice in Santa Cruz, California.



INGRID-MARIA NORDGREN, UK

Senior Teacher and Co-Director Rosen Method UK

Ingrid-Maria created the UK Rosen Method center with Annabelle Apsion in 2004. She comes from a mental health background and is now working as a psychotherapist as well as a certified Rosen practitioner and trainer. Ingrid-Maria currently serves as the Vice-President of the Rosen Institute, and has worked with various Ethics Committees in the past.



UTE YAPI

Certified Movement Teacher from Nürnberg, Germany

Ute has been certified as a Rosen Method movement teacher with the Rosen Method Center in Germany. Ute mainly works with handicapped and old people. She loves to move and has studied different movement and energy methods. Presently she is also being trained as a Rosen Method Bodywork Practitioner. She lives and works in Nürnberg, South Germany, the town where Marion Rosen grew up.



The intensive will be assisted by **ALEXANDRA DOLNYKOVA**, practitioner and workshop teacher from Moscow. Alexandra is also a psychologist. Also assisting will be **GABRIELE KUMLIN**, founder and Managing Director of Rosen Method in Austria. Gabriele was trained by Marion Rosen in Berkeley, California, 22 years ago and works as a practitioner, supervisor, and workshop teacher in Vienna and in Berlin. Co-assisting will be **ANGELA MEIERSCHITZ** from Vienna, Austria who was trained as a certified bodywork practitioner at the Rosen Method School in Austria. **ZELMA MILLARD**, a Rosen practitioner from Germany will be translating. Photos left to right: Alexandra, Gabriele, Angela, Zelma



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www.rosenmethode.at

Course fee is €850, €650 for CEU enrollment
Early Bird registration + payment before April 1, 2019
is € 800.

Please register with Gabriele Kumlin
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